Healthier Children with Chiropractic (Revisited)
by Dr. Domenic Febbraro

As a society, we (as parents) appreciate the importance of regular checkups for our children’s teeth, hearing, and vision, but we are poorly informed of the need for spinal checkups. This is a distressing fact, because a Chiropractic checkup is one of the most important checkups your children will ever have! We can appreciate this by understanding that your child’s spine protects their spinal cord, which contains billions of nerve fibers that send “well” messages and life-giving energy to every part of their body.

Interference to these nerve fibers can occur when tiny spinal misalignments called vertebral subluxations exist. Subluxations distort messages from the brain to the rest of the body, leading to a state of dis-ease, and a lowered resistance to illness results when the body is in a state of dis-ease. In effect, vertebral subluxations rob the body of its optimal ability to heal and repair itself from within, thus diminishing a child’s capacity to express health and vitality.

Reasons for the cause of infant and childhood subluxations include labor & delivery difficulties, such as breeched births, C-sections, and the use of forceps or vacuum extraction at birth. Slips and falls associated with play-time, and sport-related injuries also play a role in the occurrence of subluxation early on. In fact, health problems in childhood, or even adulthood, have been traced back to spinal damage at birth.

Warning signs of vertebral subluxation may include fatigue, joint pains, “noisy” bones, frequent falling, hyperactivity, postural imbalances (shoulder/hips appear unlevel), and recurring illnesses such as headaches, ear, nose, and throat infections. Chiropractic care specifically corrects subluxation, thereby restoring the body’s natural and optimal healing ability. It is not necessarily a “treatment” for all of the above named conditions, but an approach aimed at the underlying cause in most cases.

The focus of my practice is to educate and encourage whole family participation toward the goal of optimal health through Chiropractic care. Recognizing that prevention is always the best defense against the possibility of disease is critical for our existing and future generations of truly healthy, drug-free children.